



# Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems

By Judyth Reichenberg-Ullman, Robert Ullman

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**Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems** By Judyth Reichenberg-Ullman, Robert Ullman

Does your child really need drugs to get through the school day? More than six million children in the United States are taking stimulant medications—including Ritalin—to treat behavioral and learning problems such as attention deficit/hyperactivity disorder (ADHD). But there may very well be a better way to manage your child's emotional and learning problems, and you owe it to yourself and your child to find out. *Ritalin-Free Kids* offers you a safe, effective, and natural alternative to stimulants.

"Before you give your child stimulants, read this book." —**From the preface by Edward Chapman, M.D., clinical instructor, Harvard Medical School**

"I recommend this book to all parents searching for an alternative treatment to ADHD. The Ullmans demonstrate that every child can benefit from care tailored to their unique characteristics and temperament." —**Charles Moore, M.D., child and adolescent psychiatrist, New England Medical Center**

"As a physician who evaluates many inattentive and overactive children, I feel that we, as a society, are using stimulant medications far too often for the treatment of ADHD. I was very impressed by Ritalin-Free Kids and definitely recommend it." —**Richard Solomon, M.D., director, Allegheny Behavioral and Child Development Services, Allegheny General Hospital, Pittsburgh, Pennsylvania**

"This clear, balanced, and persuasive book will really open your eyes to the possibility of homeopathic medicine to treat . . . ADHD and a number of emotional and learning problems." —**From the foreword by Edward M. Halliwell, M.D., coauthor of *Driven to Distraction***

Visit the authors' Web site at [www.healthyhomeopathy.com](http://www.healthyhomeopathy.com).

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### Editorial Review

From Library Journal

As its title indicates, this book strongly argues against the use of the drug Ritalin in the treatment of attention deficit disorder (ADD). The key to the authors' viewpoint lies in Chapter 3, headed "An Epidemic of ADD or a Matter of Overdiagnosis?" They point out that children, like the rest of us, live in "an extremely overstimulated society," with Nintendo replacing outdoor play, movies and TV stressing violence, and beepers providing instant and overly urgent communication. Children respond to the resulting stresses differently from adults and accordingly require different treatment. Because the authors are homeopathic physicians, they not unexpectedly prefer homeopathic solutions to the problem? a "whole person approach" that in some cases may be combined with traditional treatments. In any event, they make a reasonably convincing case for the idea that drugs can be both misapplied and overused and that chemical panaceas are not always the best answer. Recommended for public libraries. ?Natalie Kupferberg, Ferris State Univ. Lib., Big Rapids, Mich.

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Review

If the current trend continues, eight million American children will be taking stimulants for ADD by the turn of the century.

From the Inside Flap

Now, at last, *Ritalin-Free Kids* offers a natural alternative to Ritalin and other harmful drugs such as Cylert and Dexedrine. The authors describe their experiences with more than 400 ADD patients whom they have treated. You will learn how lives have been dramatically changed and improved through the use of homeopathy. Before parents agree to give children stimulants, they should read this book. *Ritalin-Free Kids* answers these commonly asked questions about treatment:

Does ADD really exist?

How can I find a qualified homeopath in my area?

How expensive is homeopathic treatment?

Can homeopathy work for other learning and behavioral difficulties?

### Users Review

**From reader reviews:**

**Geneva Richardson:**

Have you spare time for a day? What do you do when you have more or little spare time? Yeah, you can choose the suitable activity to get spend your time. Any person spent their own spare time to take a go walking, shopping, or went to the Mall. How about open or even read a book entitled Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems? Maybe it is to get best activity for you. You know beside you can spend your time with your favorite's book, you can wiser than before. Do you agree with it is opinion or you have other opinion?

**Kevin Mabry:**

The book Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems give you a sense of feeling enjoy for your spare time. You need to use to make your capable a lot more increase. Book can to be your best friend when you getting strain or having big problem using your subject. If you can make looking at a book Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems to get your habit, you can get considerably more advantages, like add your capable, increase your knowledge about some or all subjects. You can know everything if you like available and read a publication Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems. Kinds of book are several. It means that, science reserve or encyclopedia or other folks. So , how do you think about this publication?

**Kenneth Hoy:**

Reading can called mind hangout, why? Because if you are reading a book mainly book entitled Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems your head will drift away trough every dimension, wandering in each aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging each word written in a reserve then become one form conclusion and explanation which maybe you never get just before. The Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems giving you yet another experience more than blown away your head but also giving you useful details for your better life in this particular era. So now let us explain to you the relaxing pattern here is your body and mind will be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

**Stephen Medley:**

In this era globalization it is important to someone to receive information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You can observe that now, a lot of publisher that print many kinds of book. The actual book that recommended for your requirements is Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems this book consist a lot of the information from the condition of this world now. This specific book was represented just how can the world has grown up. The words styles that writer use to explain it is easy to understand. The actual writer made some analysis when he makes this book. Honestly, that is why this book ideal all of you.

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