



Introvert Doodles: An Illustrated Look at Introvert Life in an Extrovert World

By Maureen Marzi Wilson

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As seen on Happify Daily!

"Marzi's charming and irreverent illustrations are exactly what young and old introverts need to approach their temperament with wisdom and self-affirmation." --Susan Cain, author of *Quiet*

Whoever said there's strength in numbers lied.

Meet Marzi. She's an introvert who often finds herself in awkward situations. Marzi used to feel strange about her introverted tendencies. Not anymore! Now she knows that there are tons of introverts out there just like her--introverts who enjoy peace and quiet, need time alone to recharge their battery, and who prefer staying in with their pet and a good book to awkward social interactions.

Just like Marzi, these introverts can often be found in libraries, at home watching Netflix, brainstorming excuses to miss your next party, or doodling cute cartoons. Being an introvert in an extrovert world isn't always easy, but it certainly is an adventure. In *Introvert Doodles*, follow Marzi through all of her most uncomfortable, charming, honest, and hilarious moments that everyone--introvert, extrovert, or somewhere in between--can relate to.

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Editorial Review

Review

“Marzi Wilson sums up the life of an introvert perfectly with her comics. She also uses her art to provide some excellent advice for people who have an introvert in their lives. And of course, there are always reminders that the extroverts in our lives keep us nice and balanced.” (*Buzzfeed*)

"Delightful." --Huffington Post Lifestyle

“Whether you're an introvert who needs a reminder that different doesn't mean damaged, an extrovert keen to understand those more reflective people in your life, or somewhere in the middle, these laugh-out-loud doodles from Marzi's new book have you covered.” (*MindBodyGreen*)

“In just one image, Marzi captures what it is to be an introvert and have social anxiety. It seems so simple, and yet it's so well done. My go-to Christmas giftIf you are an introvert or have an introvert in your life, do yourself a favor and get this book immediately.” (*BookRiot*)

About the Author

Maureen "Marzi" Wilson had a quiet childhood by the Chesapeake Bay, and is enjoying an equally quiet adulthood by the Yellowstone forest. When she isn't doodling for *Introvert Doodles*, she creates instructional art videos for her DIY website, MadeByMarzipan.com. Her hobbies include reading, swooning over typography, and cuddling her Yorkie, Kiko. That's as much information as she's willing to share with you, as she's an introvert and doesn't know you very well. Check out her website, Introvertdoodles.com, and find her on Instagram @Introvertdoodles.

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Jane Abraham:

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