

# Your Self-Confident Baby: How to Encourage Your Child's Natural Abilities -- From the Very Start

By Magda Gerber, Allison Johnson

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At long last -- Magda Gerber's wisdom and spice captured in a book --what a treasure! Now parents and caregivers everywhere can benefit from learning what it means to truly respect babies.

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""Magda Gerber's approach will deepen your understanding of your baby and help you truly appreciate the complexity, competence, and amazing capacities of the small human being for whom you are caring.""

--**Jeree H. Pawl**, Ph.D. Director, Infant-Parent Program University of California, San Francisco, School of Medicine

As the founder of Resources for Infant Educators (RIE), Magda Gerber has spent decades helping new mothers and fathers give their children the best possible start in life. Her successful parenting approach harnesses the power of this basic fact: Your baby is unique and will grow in confidence if allowed to develop at his or her own pace. The key to successful parenting is learning to observe your child and to trust him or her to be an initiator, an explorer, a self-learner with an individual style of problem solving and mastery.

Now you can discover the acclaimed RIE approach. This practical and enlightening guide will help you:

- Develop your own observational skills
- Learn when to intervene with your baby and when not to
- Find ways to connect with your baby through daily caregiving routines such as feeding, diapering, and bathing
- Effectively handle common problems such as crying, discipline, sleep issues, toilet training, and much more.

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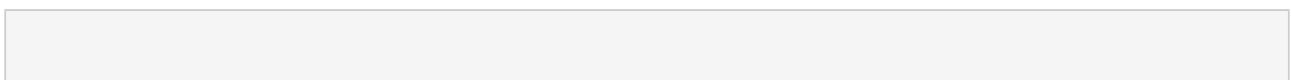
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### **Editorial Review**

#### Review

Excellent ideas for fostering closeness and healthy independence... easy to browse format of anecdotes and information arranged in chronological order. -- *Children's Literature*, 1998, by Deborah Zink Roffino

Readers will find plenty of wisdom and common sense on these pages. -- *Publisher's Weekly*, January 1998

This book gave me a practical guide to giving my children enough room... has been an amazing resource for me. -- *O, Oprah's Magazine*, May 2005, by Felicity Huffman

#### From the Publisher

Here is the "RIE" method, the increasingly popular, common-sense approach to child-raising, created by a renowned infant specialist and founder of Resources for Infant Educators. Explains how to use observation as the main tool for growth and learning, when to intervene and when to encourage independence, how to connect with a baby through daily tasks, and how to build trust, endurance and optimism in a child.

#### From the Back Cover

"A vital resource for new and expectant parents."— Ed Greene, Ph.D., Board Member, National Association for the Education of Young Children

"At long last—Magda Gerber's wisdom and spice captured in a book—what a treasure! Now parents and caregivers everywhere can benefit from learning what it means to truly respect babies."—Janet Gonzalez-Mena, Author of *Infants, Toddlers, and Caregivers* and *Dragon Mom*

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#### **Brian Griffith:**

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#### **Renee Wood:**

In this time globalization it is important to someone to find information. The information will make professionals understand the condition of the world. The condition of the world makes the information quicker to share. You can find a lot of sources to get information example: internet, newspaper, book, and soon. You will observe that now, a lot of publisher that will print many kinds of book. The actual book that recommended to your account is Your Self-Confident Baby: How to Encourage Your Child's Natural Abilities -- From the Very Start this book consist a lot of the information in the condition of this world now. This specific book was represented how can the world has grown up. The dialect styles that writer use to explain it is easy to understand. Often the writer made some study when he makes this book. Here is why this book suited all of you.

#### **Jose Chapman:**

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