



The Best of Clean Eating 3: More than 200 Easy, Slimming Recipes that Don't Skimp on Flavor

By Editors of Clean Eating magazine

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The third installment in the popular Clean Eating cookbook series, *The Best of Clean Eating 3* is loaded with all of the top-rated family favorites, comforting classics and exotic offerings you've come to expect from Clean Eating magazine. With 20 brand-new recipes, an array of time- and money-saving tips, gorgeous food photography and accommodations for various dietary restrictions (vegetarian, gluten free, etc.), this essential collection contains everything you need to improve your life one meal at a time!

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Editorial Review

About the Author

With a readership of more than 1 million and rapidly growing, Clean Eating has enormous reach, and as readers shift their focus to healthy, wholesome foods that don't sacrifice satisfaction or flavor, Clean Eating has become a trusted source for many families in North America.

Users Review

From reader reviews:

Joshua Johnson:

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