



Redpoint: The Self-Coached Climber's Guide to Redpoint and On-Site Climbing

By Douglas Hunter

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The first in-depth book on redpointing, where the climber does not weight the rope or pull or stand on manmade equipment.

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Bibliography

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Editorial Review

About the Author

Dan Hague is an 18-year veteran in the indoor climbing industry who has built and managed 4 climbing gyms, the latest in central Virginia. He also consults with gym operators and sits on the Climbing Wall Association's Board of Directors. He is an avid climber, winning his division of the Triple Crown Bouldering Series in 2010. Douglas Hunter was a full-time climber and coach for 10 years, during which time he trained many elite climbers and was a top level sport climber. He now lives and climbs in Southern California, where he continues to develop new training methodology.

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