



# Drugs That Don't Work and Natural Therapies That Do

By David Brownstein

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Why do drugs cause so many adverse effects? This book shows you how drugs work in the body and gives you safe and effective natural alternatives to drugs, including: 1) Diet Modifications 2) Bioidentical, Natural Hormones 3) Herbs 4) Minerals 5) Vitamins 6) And much, much more. In this book Dr. David Brownstein gives us example after example of the dead-end road of patient medication use, with its inevitable health-damaging effects. Even better, he outlines nature's alternatives.

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