



Community Nutrition: Applying Epidemiology To Contemporary Practice

By Gail Frank

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This graduate-level community nutrition textbook presents community nutrition as a collaboration between the nutritional needs of a society and the practice of the profession. The text provides a conceptual framework for understanding the course of health and disease and matching community nutrition or applied nutrition epidemiology to the model. The second edition has been thoroughly revised with up-to-date information on general population nutrition; dietary guidance; infant, childhood, and adolescent nutrition; men and women's health; nutrition in chronic disease, and more. New features include a comparison of popular diets, weight management strategies for children and adults, and a community-based program update.

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