



# Nelson-Jones' Theory and Practice of Counselling and Psychotherapy

By *Richard Nelson-Jones*

Download now

Read Online 

**Nelson-Jones' Theory and Practice of Counselling and Psychotherapy** By Richard Nelson-Jones

This **sixth edition** provides an essential introduction to the major theoretical approaches in counselling and psychotherapy today. Comprehensive and accessible, it now includes two brand new chapters on Mindfulness and Positive Therapy, as well as additional content on **ethics**, on **new developments** in each approach, including the **latest research** and **updated references**.

Following a clearly-defined structure, each chapter describes the origin of the therapeutic approach, a biography of its originator, its theory and practice, discusses case material and further developments, and suggests further reading. Each chapter also contains review and personal questions. Richard Nelson-Jones' authoritative and practical textbook is the ideal companion for students on introductory courses and those embarking on professional training.

 [Download Nelson-Jones' Theory and Practice of Counsell ...pdf](#)

 [Read Online Nelson-Jones' Theory and Practice of Course ...pdf](#)

# Nelson-Jones' Theory and Practice of Counselling and Psychotherapy

*By Richard Nelson-Jones*

**Nelson-Jones' Theory and Practice of Counselling and Psychotherapy** By Richard Nelson-Jones

This **sixth edition** provides an essential introduction to the major theoretical approaches in counselling and psychotherapy today. Comprehensive and accessible, it now includes two brand new chapters on Mindfulness and Positive Therapy, as well as additional content on **ethics**, on **new developments** in each approach, including the **latest research** and **updated references**.

Following a clearly-defined structure, each chapter describes the origin of the therapeutic approach, a biography of its originator, its theory and practice, discusses case material and further developments, and suggests further reading. Each chapter also contains review and personal questions. Richard Nelson-Jones' authoritative and practical textbook is the ideal companion for students on introductory courses and those embarking on professional training.

**Nelson-Jones' Theory and Practice of Counselling and Psychotherapy** By Richard Nelson-Jones  
**Bibliography**

- Sales Rank: #1107747 in eBooks
- Published on: 2014-11-10
- Released on: 2014-11-10
- Format: Kindle eBook

 [Download Nelson-Jones' Theory and Practice of Counsell ...pdf](#)

 [Read Online Nelson-Jones' Theory and Practice of Counse ...pdf](#)

## **Download and Read Free Online Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones**

---

### **Editorial Review**

#### Review

The new edition retains the original clarity of writing and refreshing experience-near qualities which made it stand out from its competitors, and has been updated in light of new research findings in relation to problems of living in an information-age. It is an excellent resource for trainees and educators both.

(Jim McLennan 2014-07-30)

#### About the Author

Richard Nelson-Jones was born in London in 1936. Having spent five years in California as a Second World War refugee, he returned in the 1960s to obtain a Masters and Ph.D from Stanford University. In 1970, he was appointed a lecturer in the Department of Education at the University of Aston to establish a Diploma in Counselling in Educational Settings, which started enrolling students in 1971. During the 1970s, he was helped by having three Fulbright Professors from the United States, each for a year, who both taught students and improved his skills. During this period he broadened out from a predominantly client-centred orientation to becoming much more cognitive-behavioural. He also wrote numerous articles and the first edition of what is now *The Theory and Practice of Counselling and Therapy*, which was published in 1982. In addition, he chaired the British Psychological Society's Working Party on Counselling and, in 1982, became the first chairperson of the BPS Counselling Psychology Section.

In 1984, he took up a position as a counselling and later counselling psychology trainer at the Royal Melbourne Institute of Technology, where he became an Associate Professor. He continued writing research articles, articles on professional issues and books, which were published in London and Sydney. As when he worked at Aston University, he also counselled clients to keep up his skills. In 1997, he retired from RMIT and moved to Chiang Mai in Thailand. There, as well as doing some counselling and teaching, he has continued as an author of counselling and counselling psychology textbooks. A British and Australian citizen, he now divides his time between Chiang Mai and London and regularly visits Australia.

### **Users Review**

#### **From reader reviews:**

#### **Angela Jones:**

Within other case, little persons like to read book Nelson-Jones' Theory and Practice of Counselling and Psychotherapy. You can choose the best book if you appreciate reading a book. As long as we know about how is important the book Nelson-Jones' Theory and Practice of Counselling and Psychotherapy. You can add knowledge and of course you can around the world by way of a book. Absolutely right, due to the fact from book you can understand everything! From your country until finally foreign or abroad you can be known. About simple issue until wonderful thing you are able to know that. In this era, we can easily open a book or even searching by internet system. It is called e-book. You may use it when you feel fed up to go to the library. Let's go through.

**Lisa Gonzales:**

Book is to be different for every grade. Book for children until adult are different content. We all know that that book is very important for us. The book Nelson-Jones' Theory and Practice of Counselling and Psychotherapy had been making you to know about other expertise and of course you can take more information. It is rather advantages for you. The guide Nelson-Jones' Theory and Practice of Counselling and Psychotherapy is not only giving you more new information but also to get your friend when you truly feel bored. You can spend your personal spend time to read your reserve. Try to make relationship using the book Nelson-Jones' Theory and Practice of Counselling and Psychotherapy. You never experience lose out for everything if you read some books.

**Paul Weston:**

In this period globalization it is important to someone to acquire information. The information will make someone to understand the condition of the world. The healthiness of the world makes the information simpler to share. You can find a lot of sources to get information example: internet, newspapers, book, and soon. You will observe that now, a lot of publisher that print many kinds of book. Typically the book that recommended to you is Nelson-Jones' Theory and Practice of Counselling and Psychotherapy this book consist a lot of the information of the condition of this world now. This book was represented how can the world has grown up. The terminology styles that writer require to explain it is easy to understand. The writer made some research when he makes this book. Here is why this book appropriate all of you.

**Gabriel Badger:**

A lot of reserve has printed but it takes a different approach. You can get it by world wide web on social media. You can choose the most beneficial book for you, science, comedy, novel, or whatever simply by searching from it. It is known as of book Nelson-Jones' Theory and Practice of Counselling and Psychotherapy. You'll be able to your knowledge by it. Without causing the printed book, it may add your knowledge and make anyone happier to read. It is most crucial that, you must aware about e-book. It can bring you from one location to other place.

**Download and Read Online Nelson-Jones' Theory and Practice of  
Counselling and Psychotherapy By Richard Nelson-Jones  
#NKIYWBR73PV**

## **Read Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones for online ebook**

Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones books to read online.

### **Online Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones ebook PDF download**

**Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones Doc**

**Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones Mobipocket**

**Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones EPub**

**NKIYWBR73PV: Nelson-Jones' Theory and Practice of Counselling and Psychotherapy By Richard Nelson-Jones**