

# **Exploring Leadership: For College Students Who Want to Make a Difference**

By Susan R. Komives, Nance Lucas, Timothy R. McMahon



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Note from the publisher: Each copy of *Exploring Leadership, Third Edition* comes with an access code so students can take the Clifton **StrengthsFinder**, a 30-minute online assessment which has helped more than eight million people around the world discover their talents. After they take the self-assessment, they'll receive a customized report that lists their top five talent themes, along with action items for development and suggestions about how they can use their talents to achieve academic, career, and personal success. In the book, the authors discuss the importance of understanding oneself, and how using the StrengthsFinder assessment will help one do so.

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This third edition is a thoroughly revised and updated version of the bestselling text for undergraduate leadership courses. This book is designed for college students to help them understand that they are capable of being effective leaders and guide them in developing their leadership potential. The Relational Leadership Model (RLM) continues as the major focus in this edition, and the book includes stronger connections between the RLM dimensions and related concepts, as well as visual applications of the model. The third edition includes new student vignettes that demonstrate how the major concepts and theories can be applied. It also contains new material on social justice, conflict management, positive psychology, appreciative inquiry, emotional intelligence, and new self-assessment and reflection questionnaires.

For those focused on the practice of leadership development, the third edition is part of a complete set that includes a *Student Workbook*, a *Facilitation and Activity Guide* for educators, and free downloadable instructional PowerPoint® slides. The *Workbook* is a student-focused companion to the book and the *Facilitation and Activity Guide* is designed for use by program leaders and educators.

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#### Review

"Students have a chance to learn leadership theory in a personal, practical and interactive way as they experience this book. [*Exploring Leadership*] provides important background of strengths-based approaches and their application to school and work settings." —Connie Rath, vice chair and dean, The Gallup Organization

"This edition of *Exploring Leadership* will inspire students to engage in deeper self-exploration about why they lead and how they can make a positive difference through their leadership. The book provides a comprehensive treatment of leadership, complete with cutting-edge scholarship, applications, and reflections from students. I recommend it highly." —Carol S. Pearson, president, Pacifica Graduate Institute, and author, *The Hero Within* and *The Transforming Leader* 

"There is a reason this book is in its third edition: It is a thoughtful and practical guide designed for college students who want to study leadership, perchance become leaders themselves. Most importantly, the authors offer critical advice to young, potential leaders for leading effectively in a rapidly changing world." —Jean Lipman-Blumen, Thornton F. Bradshaw Professor of Public Policy and professor of organizational behavior, Graduate School of Management, Claremont Graduate University

From the Back Cover

Includes Clifton StrengthsQuest access code!

**Exploring Leadership Third Edition** 

Exploring Leadership helps college students to understand that they are capable of being effective leaders and guides them in developing their leadership potential. In this thoroughly revised and updated third edition of the best-selling book, the authors have incorporated new insights and material developed in the course of their work in the field, continue to deeply explore the Relational Leadership Model (RLM), and have added new student vignettes, new material on social justice and conflict management, appreciative inquiry, and positive psychology with an emphasis on strengths.

In addition to a new self-assessment and reflection questionnaires, each copy comes with an access code to take the Clifton StrengthsQuest, an online assessment used to identify one's top five strengths and get suggestions for achieving academic, career, and personal success.

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About the Author

**Susan R. Komives** is professor emerita and former director of the College Student Personnel Graduate Program at the University of Maryland, College Park. **Nance Lucas** is associate dean and associate professor at New Century College at George Mason University. **Timothy R. McMahon** is a faculty consultant in the Teaching

Effectiveness Program at the University of Oregon.

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