

## Caring Enough to Confront: How to Understand and Express Your Deepest Feelings Toward Others

By David Augsburger



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Conflict simply is. Believing that we can somehow avoid it can only damage our relationships, but when we learn to integrate our needs and wants with those of others, it can be a catalyst in our relationships for deeper loving care. Dr. David Augsburger's *Caring Enough to Confront* is a classic in Christian peacemaking. It teaches the reader how to build trust, cope with blame and prejudice, and be honest about anger and frustration. Dr. Augsburger challenges readers to keep in mind that the important issue is not what the conflict is about, but instead how the conflict is handled. He offers a biblically based model for dealing with conflict to teach Christians how to confront with compassion and resolve issues in a healthy and healing way. Whether in family, church or work relationships, *Caring Enough to Confront* gives readers the tools to make the most of every conflict.



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#### Caring Enough to Confront: How to Understand and Express Your Deepest Feelings Toward Others By David Augsburger Bibliography

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#### **Editorial Review**

From the Back Cover

Many people try to avoid conflict, but confrontation can be a catalyst for deeper loving care as we learn to integrate our needs and wants with those of others. Dr. David Augsburger believes that deepened relationships bloom out of conflict when we remember that the important issue is not what the conflict is about, but instead how the conflict is handled. Caring Enough to Confront will teach you how to build trust, cope with blame and prejudice, and be honest about anger and frustration. You'll learn how to confront with compassion in family, church and work relationships to resolve conflict in a healthy and healing way. Make the most of every conflict by mastering the tools of making peace.

#### About the Author

**David Augsburger** is the author of 20 books on pastoral counseling, marriage, conflict and human relations. He is a professor of pastoral counseling at Fuller Theological Seminary, and has also taught at seminaries in Chicago, Indiana, and Pennsylvania. For over a decade, he served as radio spokesperson for the Mennonite Churches, and he has written feature articles that have appeared in over 100 different periodicals. An ordained minister of the Mennonite Church and a diplomat of the American Association of Pastoral Counselors, Augsburger leads workshops internationally.

#### **Users Review**

#### From reader reviews:

#### **David Patton:**

In this 21st hundred years, people become competitive in every single way. By being competitive at this point, people have do something to make all of them survives, being in the middle of the crowded place and notice simply by surrounding. One thing that sometimes many people have underestimated the item for a while is reading. Sure, by reading a book your ability to survive enhance then having chance to stay than other is high. For you who want to start reading a new book, we give you this kind of Caring Enough to Confront: How to Understand and Express Your Deepest Feelings Toward Others book as beginning and daily reading reserve. Why, because this book is more than just a book.

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