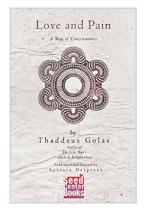
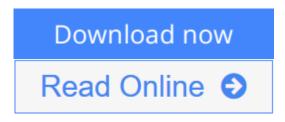
Love and Pain



By Thaddeus Golas



Love and Pain By Thaddeus Golas

[The Collected Works of Thaddeus Golas Vol.3 - From Seed Center Books]

Love and Pain - A Map of Consciousness. *The Collected Works of Thaddeus Golas Vol. 3*

A follow-up to The Lazy Mans Guide to Enlightenment or perhaps a final revision to it. The Guide is still very significant to all those who sense the consciousness with which it was written but Thaddeus goes deeper with this new writing; he wanted leave behind a blueprint of his metaphysics that would withstand the test of time, beyond the euphoria of the '60s. He was, after all, a self-described hard-nosed critic of the many charlatans of the New Age; he didn't settle for benign therapies that passed for 'spirituality.' For all the comfort that an uplifting book can bring to our imagination, Thaddeus Golas wanted to write a text that he would like to find for himself, or give to a good friend; information that is solid, and that can be relied upon, even when the Universe fails to sustain all our fondly held beliefs about it. "I am a destroyer of ideas," he proposed, "and whatever I could not destroy is in Love and Pain." Love and Pain is a major work, intricate and subtle. It is an audit of our beliefs, and a wake-up call. It is also revolutionary! In time, it may come to be seen as one of the most important metaphysical books ever written; it is sure, at the very least, to illicit strong reactions from readers.

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Love and Pain By Thaddeus Golas Bibliography

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Editorial Review

From the Author

When my first book was published, I considered it was sufficient to read the first line of Chapter One: "We are equal beings and the universe is our relations with each other."

Once that idea was installed in the mental computer, I thought, any mind could sort itself out. Perhaps others can give it better extension than I have.

I wrote *The Lazy Man's Guide to Enlightenment* in language that any reader of English could understand, making it as easy as possible. Now, in writing *Love and Pain*, I decided to state the case as clearly as I could without regard to a general audience, as though I was writing to a friend, someone like myself. Over the decades, along with the problem of working out the book's concepts, I stewed over the difficulty of communicating them. There was a wide range of possible applications, and many levels of vocabulary at which the language could be pitched. At first I thought it would be best to write an imaginative work that might catch the attention of people better versed in sciences.

There are great advantages in the information in this book: knowing how our reality works, we can avoid wasting emotions, time and effort in pursuit of false goals. Personally, I found great relief in realizing that I was not obliged to correct anyone's erroneous opinions, since ideas do not do anything. Also, I could stop criticizing myself for failing to dwell in constant bliss. When I encounter pain, it does not mean that I have necessarily been stupid: pain is inevitable in human life, whichever path we take. Neither am I obliged to rescue others from their pain: they will gain greater strength in enduring it and solving their own difficulties.

That which offends the sentimental in the short run is often the greatest kindness over a longer time. I try to be kind to strong people because they have endured much to become strong. Power begins with *the willingness to endure pain without changing*. Everyone wants power. Even the New Age people want the world to bend to their thoughts. If *Love and Pain* proves to be practical, practicality will make it popular enough.

I know there are enormous industries built on the flight from pain. The cost of medical care multiplies much faster than the rate of inflation, and the children of the middle class inherit little wealth. A better understanding of the role of pain in our lives might diminish such nonsense, but the net quotient of suffering will probably remain the same. I am not offering that sort of deliverance.

What I do offer in *Love and Pain* is a clear understanding of the real benefits that any person may expect from prolonging consciousness.

Consciousness does not give the power to control energy and matter. It is the power to push them away, to leave this reality and stay away. That is all consciousness does, but it is enough. The rewards are truly much more profound than anything we can enjoy on Earth.

From the Back Cover

Why is our spiritual understanding

of so little help to us a human beings?

Why do we vainly pursue magical powers?

Where do Evil and Pain come from?

What are we doing wrong?

Is there a way to do it right?

Can we explain the contrast between the blissful freedom of pure consciousness and the unwelcome pain and confusion of our human lives?

"I began an answer in The Lazy Man's Guide to Enlightenment. Love and Pain is a necessary step beyond

that book, and perhaps a correction to it. More must now be said about our adventures in this reality on *Earth.*"

From Chapter ONE

"Every person who understands the necessity for enduring pain and effort makes a difference in the human reality."

From Chapter FIVE

Thaddeus Golas, author of the metaphysical gem *The Lazy Man's Guide to Enlightenment*, opens Pandora's Box once again to lead us through an uncompromising blueprint of consciousness. Love and Pain is Golas' most intense work as a writer, philosopher, and Cosmic Mapmaker. This book is a true spiritual tool for the honest reader in search of answers.

About the Author

Thaddeus Golas was born in Paterson, NJ, to Polish Catholic parents during the Great Depression. He served a long European tour of duty in WWII; the G.I. Bill to graduate from New York's Columbia University where he studied under Jacques Barzun, among notable others. He went on to work as a proofreader for Betty Ballantine, as a book editor for Tattler, Redbook, and later, in Oklahoma, as a sales representative for Harper & Row. He saw the rise of the Beat Movement in Manhattan, with its onset of mind-altering substances. His ideas on human consciousness had gathered over many years of pondering Eastern Mysticism and popular Quantum Science. During the '60s, he was encouraged by Alan Watts, Timothy Leary, and former high school mate Allen Ginsberg to self-publish his Lazy Man's Guide to Enlightenment. Thus, it was in the psychedelic maelstrom, in the midst of San Francisco's Haight-Ashbury turmoil at the start of the Seventies, that Thaddeus Golas achieved recognition as a major philosopher. He stood on street corners with his wife, come rain or come shine, selling copies to passersby to make ends meet. *The Lazy Man's Guide to Enlightenment* caught-on like wild fire, and Golas, the reluctant guru, became a bit of a sensation. The *Guide* remained in print for nearly 40 years through various incarnations.

Often shunned by members of the New Age community for his biting criticism of their manipulations, Thaddeus Golas remained a nomad and led a discreet life, declining to lecture or exploit his readers with seminars. Twenty years after it was completed, *Love and Pain*, the second book by Thaddeus Golas, picks up where *The Lazy Man's Guide to Enlightenment* leaves off. It is a deeper investigation of his metaphysical message; a more modern and more complete look at his metaphysical map -- by some accounts his "masterpiece" !Similarly, *The Cosmic Airdrome*, his third book, is a great companion to the Guide.*The Lazy Man's Life* is the Biography of Thaddeus Golas.

Users Review

From reader reviews:

Corine Ramirez:

Spent a free a chance to be fun activity to do! A lot of people spent their leisure time with their family, or their own friends. Usually they accomplishing activity like watching television, about to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? May be reading a book might be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the book untitled Love and Pain can be excellent book to read. May be it can be best activity to you.

Linda Caron:

Many people spending their moment by playing outside with friends, fun activity together with family or just watching TV the entire day. You can have new activity to spend your whole day by reading through a book. Ugh, think reading a book can definitely hard because you have to accept the book everywhere? It alright you can have the e-book, having everywhere you want in your Touch screen phone. Like Love and Pain which is having the e-book version. So , why not try out this book? Let's view.

Darrell Mayo:

That book can make you to feel relax. This kind of book Love and Pain was multi-colored and of course has pictures on the website. As we know that book Love and Pain has many kinds or genre. Start from kids until teenagers. For example Naruto or Detective Conan you can read and think that you are the character on there. Therefore , not at all of book tend to be make you bored, any it makes you feel happy, fun and chill out. Try to choose the best book in your case and try to like reading which.

Philip Nguyen:

Reading a reserve make you to get more knowledge from that. You can take knowledge and information coming from a book. Book is written or printed or outlined from each source which filled update of news. On this modern era like currently, many ways to get information are available for an individual. From media social similar to newspaper, magazines, science book, encyclopedia, reference book, fresh and comic. You can add your understanding by that book. Do you want to spend your spare time to spread out your book? Or just seeking the Love and Pain when you essential it?

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