



Self-Help Box Set: 12 Tips to Understand NLP. 55 Self-Control Secrets You Wish You Knew Before. 33 Self-Hypnosis Techniques for Complete Relaxation (Nlp, Self Hypnosis, Emotional Intelligence)

By Lisa Hart, Rita Gilbert, Edna Hart, Leslie Dunn, Abbie Tran, Sarah Duncan, Sammy Austin

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BOOK #1: NLP: 12 Outstanding Tips And Tricks to Understand Neuro-Linguistic Programming

NLP is an approach to personal development and communication that you can use to both create and meet specific goals in your life. This is made possible by the connection between your language, neurological processes, and through your personal experiences and behavior patterns, otherwise known as programming.

BOOK #2: Self Hypnosis: 33 Outstanding Self-Hypnosis Techniques for Complete Relaxation

They say that hypnosis was the work of the devil. They said that those who practiced it held the power of witchcraft and sorcery in their hands. In this book we will demystify hypnosis and show you that it is now a viable science that is helping people achieve their goals and reach a state of pure relaxation.

BOOK #3: Steve Jobs: Learn 22 Amazing Tips from Steve Jobs to Become a Successful Leader

I wanted to say you thanks and also congratulation for getting the e-book, “Steve Jobs: Learn 22 Amazing Tips from Steve Jobs to Become a Successful Leader”.

This e book deals with a number of confirmed measures and also methods about how to gain knowledge from Steve Jobs as well as just what may we understand from him.

BOOK #4: Emotional Intelligence: 55 Self-Control Secrets You Wish You Knew Before

A strong emotional intellect is a common factor between all who excel in this world. It equips you with the tools to gain extreme passion and dedication, to interact productively and happily with other people, to attract good things into your life and generally maintain a positive, happy, constructive mindset.

BOOK #5: Minimalist: 32 Money Saving Tips Which Can Make a Big Difference to Your Minimalist Lifestyle. These Easy Money Saving Tricks Will Simplify Your Life

Adopting a minimalist lifestyle can be difficult and confusing at first, but once you get started you will wonder why you didn't do it sooner. Not only does this type of lifestyle enable you to become more self-sufficient, it also helps you adopt a different way to thinking when it comes to spending money. But where do you start? First of all you need a good financial plan. Wait a second...do you know how to make a financial plan? And does it mean you can never go out for a coffee or get your hair done ever again? Absolutely not. Minimalism is about keeping things basic, removing the unnecessary and learning to make do with what you have. Its also about making your own things, and maybe even making some money out of it.

BOOK #6: The Ultimate Self-Sufficiency Guide: 12 Months Step-by-Step Program to Self-Sufficient Life in 21st Century

Becoming self-sufficient is the dream for many people caught up in the non-stop, draining workaday lifestyle most of us live in today. But it doesn't have to be just a dream.

By starting off now and moving through our monthly list, you can build your way to self-sufficiency.

BOOK #7: Sleep: 12 Effective Tricks on How to Sleep Better and Have More Energy

Sleep –Such a simple word yet it is a very important word. It plays a very significant role in the healthy sustenance of every living creature. Its importance is so subtle that many tend to neglect it yet this negligence cannot slip by unnoticed. This is because any form of negligence carries severe consequences.

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