

What I Wish For You: Simple Wisdom For A Happy Life

By Patti Digh



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A beautifully illustrated collection of wisdom from around the world with heartfelt insights for any age.

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Editorial Review

From the Inside Flap

What advice do you wish you had heard—really heard—when you were graduating from high school or college? What words could you benefit from hearing again? When Patti Digh asked her readers this question as her own daughter was starting college, what flowed in was beautiful, thoughtful, poignant, and funny.

Out of the hundreds of essays, six themes emerged:

• Remember who you are: be you

• Know what matters most: be passionate

• Make peace with time: be present

• Let go of certainty: be unsure

• Learn something every day: be curious

• Open up your hand: be free

What I Wish For You features insightful stories from Patti as well as illustrations and writings submitted by readers of her blog from around the world, resulting in a vibrant, intriguing, and life-affirming book ideal for the young graduate and beyond.

From the Back Cover

As my older daughter, Emma, prepared to graduate from high school and fly away, I reached out to readers of my blog, 37days.com, to gather

wisdom from the far corners of the earth to help guide her. The essays—

and art—that came pouring in moved me deeply. And I think they'll touch your heart, too.

I could have sought advice from celebrities or famous poets or people who have climbed Mount Everest barefoot or sailed solo across the Atlantic. But I wanted to uncover the wisdom we all possess. We're all sailing solo across vast oceans every single day, aren't we?

-Patti Digh

About the Author

Patti Digh, the creator and author of the award-winning blog 37days.com, is the author of three previous Skirt! books: the best-selling *Life Is a Verb*, a Books for a Better Life finalist; *Creative Is a Verb*; and *Four-Word Self-Help*. She is an internationally recognized speaker whose comments have been featured in the *Wall Street Journal*, the *London Financial Times*, and the *New York Times*. Her Web site is pattidigh.com, and she lives in Asheville, North Carolina.

As with her previous books, the author will actively promote and market the work in her speaking engagements, on her blog and website, and through social media sites such as Facebook and Twitter. Her 40+ city tour for *Life is a Verb* was one example of the power of social media in creating a grassroots best seller, as was her 30-day blog tour when *Life is a Verb* was published. Because the contributors (both writers and artists) will have a vested interest in the book, they will also provide a good avenue for increasing sales.

Users Review

From reader reviews:

Stacey Smith:

Now a day folks who Living in the era just where everything reachable by interact with the internet and the resources inside can be true or not demand people to be aware of each info they get. How many people to be smart in obtaining any information nowadays? Of course the reply is reading a book. Reading through a book can help individuals out of this uncertainty Information specifically this What I Wish For You: Simple Wisdom For A Happy Life book because this book offers you rich info and knowledge. Of course the data in this book hundred pct guarantees there is no doubt in it as you know.

Tom Johnson:

People live in this new moment of lifestyle always aim to and must have the time or they will get wide range of stress from both way of life and work. So, whenever we ask do people have free time, we will say absolutely indeed. People is human not really a huge robot. Then we ask again, what kind of activity are there when the spare time coming to a person of course your answer will probably unlimited right. Then do you try this one, reading ebooks. It can be your alternative in spending your spare time, the book you have read is What I Wish For You: Simple Wisdom For A Happy Life.

Peggy Elmore:

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