



Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture

By Maggie Schauer, Frank Neuner, Thomas Elbert

Download now

Read Online →

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert

This book is the first practical manual describing a new and successful short-term treatment for traumatic stress and PTSD called Narrative Exposure Therapy (NET). The manual provides both experienced clinicians and trainees with all the knowledge and skills needed to treat trauma survivors using this approach, which is especially useful in crisis regions where longer-term interventions are not possible. NET has been field tested in post-war societies such as Kosova, Sri Lanka, Uganda, and Somaliland. Its effectiveness was demonstrated in controlled trials in Uganda and Germany. Single case studies have also been reported for adults and children. Three to six sessions can be sufficient to afford considerable relief. Part I of this manual describes the theoretical background. Part II covers the therapeutic approach in detail, with practical advice and tools. Part III then focuses on special issues such as dealing with challenging moments during therapy, defense mechanisms for the therapist, and ethical issues.

 [Download Narrative Exposure Therapy: A Short-Term Intervent ...pdf](#)

 [Read Online Narrative Exposure Therapy: A Short-Term Interve ...pdf](#)

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture

By Maggie Schauer, Frank Neuner, Thomas Elbert

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert

This book is the first practical manual describing a new and successful short-term treatment for traumatic stress and PTSD called Narrative Exposure Therapy (NET). The manual provides both experienced clinicians and trainees with all the knowledge and skills needed to treat trauma survivors using this approach, which is especially useful in crisis regions where longer-term interventions are not possible. NET has been field tested in post-war societies such as Kosova, Sri Lanka, Uganda, and Somaliland. Its effectiveness was demonstrated in controlled trials in Uganda and Germany. Single case studies have also been reported for adults and children. Three to six sessions can be sufficient to afford considerable relief. Part I of this manual describes the theoretical background. Part II covers the therapeutic approach in detail, with practical advice and tools. Part III then focuses on special issues such as dealing with challenging moments during therapy, defense mechanisms for the therapist, and ethical issues.

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert **Bibliography**

- Sales Rank: #6012236 in Books
- Brand: Brand: Hogrefe Huber Publishing
- Published on: 2005-01-01
- Original language: English
- Number of items: 1
- Dimensions: .30" h x 8.20" w x 10.90" l, .70 pounds
- Binding: Paperback
- 68 pages

 [Download Narrative Exposure Therapy: A Short-Term Intervent ...pdf](#)

 [Read Online Narrative Exposure Therapy: A Short-Term Interve ...pdf](#)

Download and Read Free Online Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert

Editorial Review

Review

...Based on principles of behavioral and cognitive psychology, the NET method ... can be learned and administered by paraprofessionals. -- *Peter J. Lang, PhD, Professor and Director of the NIMH Centre for the Study of Emotion and Attention and Director of the Fear Clinic at the University of Gainesville, FL*

...The [title] is an extremely valuable contribution to the currently available treatment options for Traumatic Stress Disorders... -- *Daya Somasundaram, Psychiatrist and Professor at the University of Jaffna, Sri Lanka*

This book fills a gaping hole in the field...required for all...who treat these groups of trauma survivors. -- *Andreas Maercker, MD, PhD, Professor, University of Zurich and member of the Board of Directors of the International Society for Traumatic Stress Studies*

Users Review

From reader reviews:

David Hernandez:

Inside other case, little individuals like to read book Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture. You can choose the best book if you like reading a book. So long as we know about how is important some sort of book Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture. You can add knowledge and of course you can around the world by a book. Absolutely right, due to the fact from book you can recognize everything! From your country right up until foreign or abroad you will be known. About simple matter until wonderful thing you could know that. In this era, we can easily open a book or searching by internet device. It is called e-book. You may use it when you feel bored to go to the library. Let's study.

Michael Trejo:

This Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture are reliable for you who want to certainly be a successful person, why. The explanation of this Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture can be one of the great books you must have is usually giving you more than just simple reading food but feed a person with information that maybe will shock your prior knowledge. This book is handy, you can bring it almost everywhere and whenever your conditions throughout the e-book and printed people. Beside that this Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture forcing you to have an enormous of experience like rich vocabulary, giving you trial run of critical thinking that we realize it useful in your day task. So , let's have it and luxuriate in reading.

James Adcock:

Hey guys, do you really want to find a new book you just read? Maybe the book with the subject Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture suitable to you? Typically the book was written by a popular writer in this era. Often the book is titled Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture. This is one of several books in which everyone is reading now. This book has inspired many men and women in the world. When you read this, you will enter the new age that you have never known before. The author explained their thoughts in a simple way, and so all of us can easily recognize the core of this e-book. This book will give you a lot of information about this world now. To help you see the world as it is represented with this book.

Cynthia Kipp:

Many people spend their time by playing outside with friends, fun activities together with family or just watching TV all day every day. You can have new activities to pass your whole day by reading through a book. Ugh, you think reading a book can be actually hard because you have to carry the book everywhere? It's okay, you can have the e-book, bringing it everywhere you want in your mobile phone. Like Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture, which is available as an e-book. So, try out this book? Let's observe.

Download and Read Online Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert #E7L18KW29OY

Read Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert for online ebook

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert books to read online.

Online Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert ebook PDF download

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert Doc

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert Mobipocket

Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert EPub

E7L18KW29OY: Narrative Exposure Therapy: A Short-Term Intervention for Traumatic Stress Disorders After War, Terror, or Torture By Maggie Schauer, Frank Neuner, Thomas Elbert