



# An English-Spanish Manual for Mental Health Professionals

*By Veronica Gutierrez Ph.D, Cher Rafiee, Erin Kelly Bartelma, Veronica Guerra*

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This manual is intended to teach mental health professionals (e.g., psychologists, social workers) how to conduct therapy in Spanish. The manual consists of cultural considerations, glossary, and lessons. Each lesson has an objective, a list of relevant terms, a learning activity, and practice activity (e.g., matching, fill-in spaces). Some lessons include forms, which can be found in the appendices section of this manual. The manual covers various aspects of the therapy process, from the initial contact with the client to the termination session.

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## **Editorial Review**

### About the Author

ENGLISH / Inglés Dr. Veronica Gutierrez works as a child psychologist at a community clinic in Southern California. She also conducts workshops for counselors who want to learn to give therapy in Spanish and their first language is English. SPANISH / Español La Dra. Veronica Gutiérrez trabaja como psicóloga infantil en una clínica comunitaria en el Sur de California. También realiza talleres para consejeros que quieren aprender a dar terapia en español y su primer idioma es el inglés.

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