



## The Romford Pelé: It's only Ray Parlour's autobiography

By Ray Parlour

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Marc Overmars may have given him the nickname, but the Romford Pele is a legend in his own right. Over 16 action-packed years, from a trainee scrubbing the boots of the first XI, to a record-breaking 333 Premier League appearances, Ray Parlour's never-say-die performances, curly locks and mischievous sense of humour have gone down in Arsenal history.

Battling tirelessly on the pitch, often in the shadows of his star-name teammates, Parlour won three premier league titles and four FA Cup trophies with the Gunners. But he was also the heart and soul of the dressing room, the training ground and the after work drink. From nights out with Tony Adams, to teaching Thierry Henry cockney rhyming slang, from playing golf with Dennis Bergkamp to trading Inspector Clouseau jokes with Arsène Wenger, this wonderfully funny and candid autobiography looks back on a golden age of the beautiful game, reliving the banter, the stories and the success.

Ray Parlour is an Arsenal legend. During his 16-year career he won 3 Premier League titles, 4 FA Cups and the UEFA Cup. One of the most underrated players of his generation, he was also part of Arsenal's famous Invincible team of 2003/4, which went the entire Premier League season unbeaten. He is now a regular pundit for *TalkSport* and *Sky Sports*. He enjoys a short back and sides.

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## **The Romford Pelé: It's only Ray Parlour's autobiography** By Ray Parlour Bibliography

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### Editorial Review

Review

"Brilliant, hilarious . . . Bound to have you in stitches." —*Sun*

"A riot of anecdotes and escapades." —*Sunday Times*

"Hilarious." —*Soccer AM*

About the Author

**Ray Parlour** is an Arsenal legend. A loyal club servant for over 14 years (1992-2007), he joined the club as a trainee. With the club he won three Premier League titles, four FA Cups and the UEFA Cup. One of the most underrated players of his generation, he was also part of Arsenal's famous Invincible team of 2003/04, which went the entire Premier League season unbeaten. He is now a regular pundit on Talk Sport and Sky Sports.

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