



Grace and Grit: Spirituality and Healing in the Life and Death of Treya Killam Wilber

By Ken Wilber

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Here is a deeply moving account of a couple's struggle with cancer and their journey to spiritual healing. *Grace and Grit* is the compelling story of the five-year journey of Ken Wilber and his wife Treya Killam Wilber through Treya's illness, treatment, and, finally, death.

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Bibliography

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Download and Read Free Online *Grace and Grit: Spirituality and Healing in the Life and Death of Treya Killam Wilber* By Ken Wilber

Editorial Review

From Publishers Weekly

Ten days after transpersonal psychologist Wilber married Terry Killam in 1983, she was diagnosed with breast cancer. This harrowing account of her losing battle against disease is unusual in several respects. Killam (who changed her first name to Treya) shared her husband's belief in the "perennial philosophy" of the world's wisdom traditions embracing rebirth, enlightenment and the all-pervasiveness of Spirit. Her condition tested their faith simultaneously. Her lengthy, candid journal entries, interwoven with his narrative, form a tremendously moving love story. Killam, who died in 1989, combined orthodox treatment with such alternative therapies as diet, meditation and psychotherapy. Wilber (*The Spectrum of Consciousness*) disputes the imputed New Age view that mind alone causes all physical illness. He intimately participated in his wife's ordeal, and here presents cancer as a healing crisis, an occasion for self-confrontation and growth. Copyright 1991 Reed Business Information, Inc.

Review

"A tremendously moving love story. Wilber presents cancer as a healing crisis, an occasion for self-confrontation and growth."—*Publishers Weekly*

"A singular achievement. It succeeds as a story of one cancer patient's experience, as a guidebook for patients and their caretakers, as a love story, as a survey of the world's mystical traditions, as an examination of death and dying, and as an exploration of relationship as a means for spiritual development."—*Natural Health*

"A deep and searing look at living, dying, loving, death, and resurrection."—M. Scott Peck, M.D.

"A rare book—a love story that brings the perennial wisdom of the ages to life in all the anguish and exaltation that comprise the human condition. Treya Killam Wilber's honesty, vibrancy, and compassion speak through her many journal entries, masterfully woven with Ken's text, to make *Grace and Grit* a true experience of sacred partnership."—Joan Borysenko, Ph.D.; author of *Minding the Body*, *Mending the Mind* and *Guilt Is the Teacher, Love Is the Lesson*

About the Author

Ken Wilber is the author of over twenty books. He is the founder of Integral Institute, a think-tank for studying integral theory and practice, with outreach through local and online communities such as Integral Education Network, Integral Training, and Integral Spiritual Center.

Users Review

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Gabrielle Ponds:

Why? Because this Grace and Grit: Spirituality and Healing in the Life and Death of Treya Killam Wilber is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will distress you with the secret it inside. Reading this book alongside it was fantastic author who have write the book in such wonderful way makes the content interior easier to understand, entertaining means but still convey the meaning completely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book possess such as help improving your ability and your critical thinking way. So , still want to hold up having that book? If I ended up you I will go to the reserve store hurriedly.

Lorraine Cox:

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