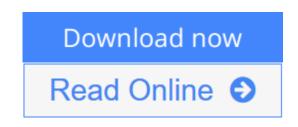
## The Art of Letting Go: Learning To Love Myself Through Poems of Betrayal, Healing, and Forgiveness.

By MP Frias

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A collaboration between a poet and an illustrator - both trying to explain in their own ways, how they transformed heartbreak into self-love.

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