



Surviving Mold: Life in the Era of Dangerous Buildings

By Ritchie C. Shoemaker MD

Download now

Read Online 

Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD

Microbes, especially molds and bacteria, growing in water-damaged buildings make people sick. Powerfully written, *Surviving Mold* follows *Mold Warriors* (published in 2005) as the definitive source of information on "mold" illness, its basis in inflammation, its physiology and its links to politics, lawsuits and science. Written by America's most widely published mold-treating physician, *Surviving Mold* has true stories, cutting edge science and a wide open expose of the shenanigans in medicine, governmental agencies and courtrooms regarding this increasingly common problem in the US and around the world. If you have an ill-defined chronic illness, or know someone who does, your first step to return to health might be to ask if there is the possibility of exposure to musty basements, wet bathrooms, leaking roofs, flat-roofed schools, offices buildings with recirculated air or buildings with construction defects. If you already know that you could be sickened by water-damaged buildings, *Surviving Mold* will guide you through diagnosis and treatment, through remediation and return to health. Complete with multiple chapters written by guest authors, *Surviving Mold* is based on Dr. Shoemaker's experience with over 6000 patients he has treated from all 50 states and 30 foreign countries. The science in *Surviving Mold* is all peer-reviewed and published.

 [Download Surviving Mold: Life in the Era of Dangerous Build ...pdf](#)

 [Read Online Surviving Mold: Life in the Era of Dangerous Bui ...pdf](#)

Surviving Mold: Life in the Era of Dangerous Buildings

By Ritchie C. Shoemaker MD

Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD

Microbes, especially molds and bacteria, growing in water-damaged buildings make people sick. Powerfully written, *Surviving Mold* follows *Mold Warriors* (published in 2005) as the definitive source of information on "mold" illness, its basis in inflammation, its physiology and its links to politics, lawsuits and science. Written by America's most widely published mold-treating physician, *Surviving Mold* has true stories, cutting edge science and a wide open expose of the shenanigans in medicine, governmental agencies and courtrooms regarding this increasingly common problem in the US and around the world. If you have an ill-defined chronic illness, or know someone who does, your first step to return to health might be to ask if there is the possibility of exposure to musty basements, wet bathrooms, leaking roofs, flat-roofed schools, offices buildings with recirculated air or buildings with construction defects. If you already know that you could be sickened by water-damaged buildings, *Surviving Mold* will guide you through diagnosis and treatment, through remediation and return to health. Complete with multiple chapters written by guest authors, *Surviving Mold* is based on Dr. Shoemaker's experience with over 6000 patients he has treated from all 50 states and 30 foreign countries. The science in *Surviving Mold* is all peer-reviewed and published.

Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD Bibliography

- Sales Rank: #178042 in Books
- Published on: 2010-12-15
- Number of items: 1
- Binding: Paperback
- 784 pages

 [Download Surviving Mold: Life in the Era of Dangerous Build ...pdf](#)

 [Read Online Surviving Mold: Life in the Era of Dangerous Bui ...pdf](#)

Download and Read Free Online **Surviving Mold: Life in the Era of Dangerous Buildings** By **Ritchie C. Shoemaker MD**

Editorial Review

Review

The world needs awareness of Dangerous Buildings. We cannot fold to pressures of bias and special interests who seek financial gain without regard for human health. Without doctors like you we would all be in peril. I thank you for your continued efforts to protect people. --Tim Corr, Esquire, Michigan

This is a uniquely important book! The science, medicine, and lifestyle advice is transforming for those who suffer from mold illness, for those who have the opportunity to treat them, for those whose work contributes to the design, construction, maintenance, and remediation of the built environment, especially our schools and places of work, and for those of us whose health is compromised by any Chronic Inflammatory Response Syndrome (CIRS) illness. As a chronic ciguatera toxin CIRS sufferer, my life has been made manageable by the diagnostic insights revealed in *Surviving Mold* and by Dr. Shoemaker's caring treatment. He is an engaging story-teller, sharing with readers the sagas of those afflicted with mold illness and CIRS. His genius at deciphering the puzzles of complex symptoms that baffle so many doctors offers care gives tools and encouragement to expand their contributions to patients' well-being. The chapter on VIP alerts readers to the emerging toolbox of new therapies arising out of Dr. Shoemaker's pathbreaking work. I've seen this firsthand in his treatment of a close relative, who has coped for decades with CIRS, finally to gain some relief via VIP. Bravo Dr. Shoemaker! You deserve a Nobel Prize in our view! --Thomas Harblin, PhD, Syracuse, NY

About the Author

Ritchie C. Shoemaker MD is a practicing physician from Pocomoke, Maryland where he lives with his wife, JoAnn and daughter, Sally. He has written eight books and has published over 50 academic papers. He has lectured throughout the US on chronic inflammatory illnesses caused by exposure to biologically produced toxins, with moldy buildings being the most common source. In 2005, Shoemaker published *Mold Warriors*, now regarded as the introduction to the struggle for truth in medicine, government and law regarding chronic illness acquired following exposure to the interior of water-damaged buildings. In the last five years, spectacular advances in knowledge have led to new therapies that finally hold the promise of a return to a normal life, one without the daily respiratory problems, cognitive impairment, neurologic disease and musculoskeletal problems mold illness victims suffer. Shoemaker and the guest authors write without pulling punches; physicians who make incorrect guesses about mold illness and government employees who cover up the truth don't fare so well in *Surviving Mold*. As our indoor environments are shaped by continuously evolving microbes, we can learn what to do and Survive, or not. *Surviving Mold* is more than just another doctor story; the information here can change your life. Once you see how easy it is to recognize mold illness, and then how to treat it, you will see it all around you. The illness is not rare.

Users Review

From reader reviews:

Jonathan Head:

Reading a guide can be one of a lot of action that everyone in the world likes. Do you like reading book therefore. There are a lot of reasons why people fantastic. First reading a book will give you a lot of new information. When you read a book you will get new information because book is one of a number of ways

to share the information or their idea. Second, examining a book will make you more imaginative. When you looking at a book especially tale fantasy book the author will bring you to definitely imagine the story how the personas do it anything. Third, you could share your knowledge to other people. When you read this Surviving Mold: Life in the Era of Dangerous Buildings, you are able to tells your family, friends in addition to soon about yours e-book. Your knowledge can inspire the others, make them reading a publication.

Peggy Hardman:

The publication with title Surviving Mold: Life in the Era of Dangerous Buildings includes a lot of information that you can learn it. You can get a lot of benefit after read this book. This book exist new know-how the information that exist in this publication represented the condition of the world at this point. That is important to yo7u to find out how the improvement of the world. This particular book will bring you within new era of the internationalization. You can read the e-book with your smart phone, so you can read the item anywhere you want.

Shirley Demers:

A lot of people always spent their own free time to vacation or even go to the outside with them friends and family or their friend. Do you know? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. In order to try to find a new activity this is look different you can read any book. It is really fun for you. If you enjoy the book you read you can spent 24 hours a day to reading a publication. The book Surviving Mold: Life in the Era of Dangerous Buildings it doesn't matter what good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. When you did not have enough space to develop this book you can buy typically the e-book. You can m0ore easily to read this book through your smart phone. The price is not too expensive but this book offers high quality.

Daniel Carter:

Do you like reading a book? Confuse to looking for your selected book? Or your book seemed to be rare? Why so many query for the book? But just about any people feel that they enjoy to get reading. Some people likes reading through, not only science book but also novel and Surviving Mold: Life in the Era of Dangerous Buildings or others sources were given expertise for you. After you know how the truly amazing a book, you feel wish to read more and more. Science book was created for teacher as well as students especially. Those books are helping them to include their knowledge. In various other case, beside science guide, any other book likes Surviving Mold: Life in the Era of Dangerous Buildings to make your spare time a lot more colorful. Many types of book like this one.

Download and Read Online Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD

#9WDIF8HX5PB

Read Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD for online ebook

Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD books to read online.

Online Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD ebook PDF download

Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD Doc

Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD Mobipocket

Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD EPub

9WDIF8HX5PB: Surviving Mold: Life in the Era of Dangerous Buildings By Ritchie C. Shoemaker MD