



Creating Your Dreams: A simple guide to finding your voice and achieving your dreams by using your creative talents and harnessing the power of the moon

By Joanne Thomas

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This book is a simple guide to finding your voice and achieving your dreams by using your creative talents and harnessing the power of the moon. Have you reached that age where you feel stuck in a rut? On an endless treadmill not knowing which way to go next or what to do? Feel Stressed? Bored with your life at the moment? Then this book will seriously change your outlook and help you on the next step of your journey. In this book you will learn how to unleash your creative ability (yes you really are a creative soul) and in doing so you will unleash and find your inner voice once more, empowering you to take back control of your life and in turn trusting your intuition, leading you to make better decisions for yourself. By being creative you are going to learn how to play again - Isn't it boring being an adult? In learning to let go and play again, you will be nurturing your inner child, which will be good for not only your physical but your mental and spiritual health also - feel all your stresses slowly melt away! Once the creative doors have been open and your imagination is ignited, you are then going to learn how to bring your dreams into reality, by harnessing the power of the moon - moon magic. Simple, yet highly effective in achieving your dream life

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Editorial Review

About the Author

Joanne Thomas is a spiritual teacher, healer, artist, writer and hedge-witch, currently living in Pembrokeshire, West Wales, UK. A psychic and healer from birth, she uses her knowledge and understanding of the spiritual world to help those in need of guidance as they make steps on their spiritual journey. A busy mum of one, who loves to spend her free time walking in nature, reading history, art and spiritual books or listening to music anything from Mozart to Metallica.

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